



# Freeing God's People to Be Growing, Fruitful Disciples

*"It is for freedom that Christ has set us free"*

Galatians 5:1



## What Others Are Saying



"All across our land you will find countless people who have found genuine freedom in Christ through the insights God has given Neil Anderson. Many who were in bondage have found that the Truth in Christ has truly set them free!"

Kay Arthur  
Co-Founder, Precept Ministries



"Neil has been a trusted friend ever since he was in my Sunday School Class many years ago. What impresses me about him is his love for Christ, his deep knowledge of God's Word, and his compassion for people. I am so encouraged, though not surprised, that many thousands of people have been profoundly changed through Neil and his ministry."

Steve Douglass  
President of Campus Crusade for Christ



"After living more than 50 years as a Christian, and after teaching more than 25 years as a professor of Bible and theology, I took about 2 hours to work carefully through Neil's *The Steps to Freedom in Christ* and apply each step to my own life, reading each suggested prayer aloud. God used that process to bring to mind a number of thoughts and attitudes that He wanted to correct, and then to impart to me a wonderfully refreshing sense of freedom, peace, joy and fellowship with Himself."

Wayne Grudem  
Research Professor of Bible and Theology  
Phoenix Seminary, Scottsdale, Arizona



"...I went through the materials myself and I say with no hesitation that the Lord changed my life and brought me into a spiritual level that I had not known before. I experienced confession of sins, repentance, the filling of the Holy Spirit and a joy in Christ that has never left me. The materials are biblically based in every way and useful."

Gene Mims  
Senior Pastor of Judson Baptist Church,  
Nashville, Tennessee  
Former president,  
Lifeway Christian Resources

## Connecting with Us

Officially incorporated as a 501(c)3 non-profit organization in 1989 with its office in La Habra, California, FICM has been headquartered in Knoxville, TN since 2002. FICM has full-time and part-time field staff as well as CFM NETWORK volunteers who are excited about starting CFMs and eager to help individuals find freedom in Christ all across the nation.

## Our Mission & Passion

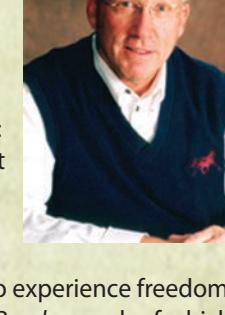
Many Christians are stuck. They may have started out well, but something happened on the road to growth and fruitful service in Christ. Maybe weeds of worry and the desire for "stuff" choked them or they wilted due to a lack of spiritual water and light. Perhaps they have been crushed by the lies of the world or the evil one and so have become barren and unfruitful. Rather than flourishing in a fertile garden they find themselves alone by the side of the road or in a rut or a ditch...unable, unwilling or unmotivated to grow. They may still come to church, but living a life of freedom, joy, victory and service for Christ seems like a distant dream. Paul wrote that "It is for freedom that Christ has set us free," but if somehow we don't stand firm in that freedom, we can come back under a yoke of slavery (Galatians 5:1). Sadly, that is the life that many...perhaps most...of Christ's followers live.

Nobody who truly knows Christ enjoys being spiritually stuck. Everyone wants their life to be useful and fruitful. And Christian leaders yearn to see their people growing strong in Christ, fruitfully serving the needs of the church and the community. They know that Christ is the answer and that truth sets us free, but how does that happen?

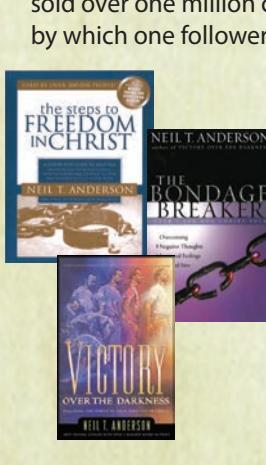
For over 20 years now, Freedom in Christ Ministries (FICM) has been, through the power and presence of Christ, "freeing God's people to be growing, fruitful disciples".

Those suffocating under legalism have been set free by God's grace to walk in newness of life. Guilt, shame and rejection have been replaced by a deep assurance of God's love and forgiveness. Fears have turned to courageous faith; anxiety to peace; depression to joy; anger to patience; bitterness to forgiveness; complacency to passion; hopelessness to zeal; addictions to freedom and growth; insecurity to fruitful service in the church and community.

## Our Story



FICM began under the leadership of Dr. Neil T. Anderson in 1988 while he served as chairman of the practical theology department of Talbot School of Theology, La Mirada, CA. Dr. Anderson observed that Christian students struggling in their faith had several common issues: they didn't understand what it meant to be "in Christ" and they weren't experiencing that "Abba, Father!" connection to God as His children. They also were not winning the spiritual battles for their minds.

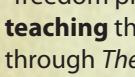


In response to these crucial needs and the struggles of God's people to experience freedom in Christ, Dr. Anderson wrote *Victory Over the Darkness* and *The Bondage Breaker*, each of which has sold over one million copies. Dr. Anderson also developed a simple, transferable ministry tool by which one follower of Christ could sit down and help another struggling believer to walk in freedom. That tool, *The Steps to Freedom in Christ*, has been used to help tens of thousands of people both in the U.S. and around the world.

In a scientific study conducted 3-4 months after going through one 3-6 hour personal appointment using *The Steps to Freedom in Christ*, participants experienced a 40% decrease in depression; 44% decline in anxiety; 49% decrease in fear; 45% reduction in anger; 42% decline in tormenting thoughts and voices; and 46% decrease in out-of-control habits and behavior. These amazing findings were published in the *Southern Medical Journal*, April 2008 issue, and confirmed what we already knew: Jesus Christ changes lives and sets God's people free to be growing, fruitful disciples.

## Our Tools

FICM conducts conferences and resources the body of Christ with over 100 current books, CD's, DVD's and other materials. But the main focus of FICM-USA is to equip people on a grass roots level with the message and ministry of freedom so that they can start Community Freedom Ministries right where they live. Those who have been set free themselves are the best candidates for developing a ministry to set others free.



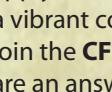
### Community Freedom Ministries

A Community Freedom Ministry (CFM) is an environment of grace and truth started by an individual, couple or group of individuals who are seeking to establish a "freedom presence" in their home church or hometown. That "freedom presence" involves **teaching** the message of freedom (as written in Dr. Anderson's books), **taking** people through *The Steps to Freedom in Christ*, and **training** others to use the "Steps".



### CFM University - Teaching, Taking, and Training for Transformation

Our primary means of equipping Community Freedom Ministry coordinators is **CFM University**, which opened its doors in 2010. The cutting edge combination of online courses and face-to-face Practicum at **CFMU** provides the educational and training launching pad for those yearning to see God's people set free to walk in newness of life in Christ. For more information on current courses and semester schedules, go to [freedominchrist.com](http://freedominchrist.com).



### CFM NETWORK - Let's Stay Connected!

Those involved with freeing God's people to be growing, fruitful disciples need lots of encouragement. Those completing CFM 101, 201 and the Practicum can apply (at no cost) to stay connected to FICM and one another through the **CFM NETWORK**, a vibrant community of prayer, mentoring, friendships and support. These volunteers who join the **CFM NETWORK** are called Community Freedom Ministry Associates (CFMAs). They are an answer to prayer as we are seeking God for 10,000 of these volunteers across the nation in the next 20 years.

To get involved, call us at 865-342-4000 or email us at [info@fcm.org](mailto:info@fcm.org)

