



Growing *Fruitful* Disciples

NOTE-TAKING OUTLINE

An Introduction to the
Freedom in Christ Ministries
Approach to Discipleship



Growing *Fruitful* Disciples

Participant Outline

*An Introduction to the
Freedom in Christ Ministries (FICM)
Approach to Discipleship*

FICM-USA office - Knoxville, TN
865-342-4000/866-462-4747
info@ficm.org
www.ficm.org

Growing *Fruitful* Disciples

Session #1 “Growth Process of a Disciple and the Message of Freedom in Christ Ministries”

FICM Video

Small Group Exercise:

Introduce yourselves; share your reaction to the video; pray for each other

Introduction:

The Great Commission (Matthew 28:18-20)

“Then Jesus came to them and said, ‘All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And surely I am with you always, to the very end of the age;’”

From this passage of Scripture, we can see at least five things clearly:

1. Jesus told us to make disciples not just _____.
2. We are to _____ making disciples until every nation is reached.
3. We go in Christ’s _____ not our own.
4. Discipleship is a process that takes _____.
5. Jesus does not send us out alone; He _____ with us and will always be with us.

Spiritual Multiplication (2 Timothy 2:1,2)

“You then, my son, be strong in the grace that is in Christ Jesus. And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others.”

From this passage of Scripture, we can see at least four things clearly:

1. _____ comes before competence.
2. Investing in the right _____.
3. Passing along the right _____.
4. The goal is to make growing _____ disciples who will make _____ disciples.

Three Stages of Growth (1 John 2:12-14)

"I write to you, dear children, because your sins have been forgiven on account of his name. I write to you, fathers, because you have known him who is from the beginning. I write to you, young men, because you have overcome the evil one. I write to you, dear children, because you have known the Father. I write to you, fathers, because you have known him who is from the beginning. I write to you, young men, because you are strong, and the word of God lives in you, and you have overcome the evil one."

First, the dear (or little) children. Their sins have been _____ through Christ and they have come to _____ the Father.

Second, the young men. They are _____ and the word of God lives in them and they have _____ the evil one.

Third, the fathers. They have _____ Him who is from the beginning.

How does Freedom in Christ Ministries' approach to discipleship relate to these three levels of growth?

The "dear children" or "little children":

Video Testimony

Is it possible that for a majority of God’s people, it takes more than good preaching from the pulpit, doctrinally-sound Sunday school programs and even relationally-driven small groups for them to become “growing, fruitful disciples”?

1 Corinthians 3:1-3

“And I, brethren, could not speak to you as to spiritual men, but as to men of flesh, as to infants in Christ. I gave you milk to drink, not solid food; for you were not yet able to receive it. Indeed, even now you are not yet able, for you are still fleshly. For since there is jealousy and strife among you, are you not fleshly, and are you not walking like mere men?”

Hebrews 5:12-14

“For though by this time you ought to be teachers, you have need again for someone to teach you the elementary principles of the oracles of God, and you have come to need milk and not solid food. For everyone who partakes of milk is not accustomed to the word of righteousness, for he is an infant. But solid food is for the mature, who because of practice have their senses trained to discern good and evil.”

Brief Testimony

Let’s take a look at the second level of spiritual growth...the “young men”:

Testimony

Are you and your staff equipped to help people like this? Are there people in your congregation that are trained to help people like this?

Ephesians 6:10

“Finally, be strong in the Lord and in the strength of His might.”

Ephesians 1:1 ff.

In Christ...

We are saints; we are blessed with every spiritual blessing; we are chosen; we are loved; we are adopted as sons; we are given much grace; we have redemption, forgiveness of sins; we have obtained an inheritance...

Bookmarks

Ephesians 1:18-22 Paul prayed that the Ephesian believers...

*“will know...what is the surpassing greatness of His power toward us who believe. These are in accordance with the working of the **strength of His might** which He brought about in Christ, when He raised Him from the dead and seated Him at His right hand in the heavenly places, far above all rule and authority and power and dominion, and every name that is named, not only in this age but also in the one to come. And He put all things in subjection under His feet...”*

John 8:31,32

“So Jesus was saying to those Jews who had believed Him, ‘If you continue in My word, then you are truly disciples of Mine; and you will know the truth, and the truth will make you free.”

John 8:36

“So if the Son makes you free, you will be free indeed.”

John 8:44

“He has always hated the truth, because there is no truth in him. When he lies, it is consistent with his character; for he is a liar and the father of lies.”

James 4:7

“Submit, therefore, to God. Resist the devil and he will flee from you.”

Growing *Fruitful* Disciples

Session #2 “Resolving Personal & Spiritual Conflicts and the Method of Freedom in Christ Ministries”

Small Group Exercise (Discuss):

What are some of the struggles you’ve seen in the lives of people in your ministry that keep them from becoming growing, fruitful disciples?

Video Testimony

Introduction:

In this second session, we will take a look at a biblically-balanced approach to resolving personal and spiritual conflicts, which is compassionate and gentle, but which also puts the onus of responsibility back on the person seeking help...which is where it belongs.

Some Critically Important Scriptures:

First, regarding the responsibility of the caregiver...whom we call the **Encourager**

2 Timothy 2:24-26

“The Lord’s bond-servant must not be quarrelsome, but be kind to all, able to teach, patient when wronged, with gentleness correcting those who are in opposition, if perhaps God may grant them repentance leading to the knowledge of the truth, and they may come to their senses and escape from the snare of the devil, having been held captive by him to do his will.”

Second, let's take a look at the responsibility of the care-seeker...whom we call the **Inquirer**

James 5:13-16

"Is anyone among you suffering? Then he must pray. Is anyone cheerful? He is to sing praises. Is anyone among you sick? Then he must call for the elders of the church and they are to pray over him, anointing him with oil in the name of the Lord, and the prayer offered in faith will restore the one who is sick, and the Lord will raise him up, and if he has committed sins, they will be forgiven him. Therefore, confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much."

Lies that people often believe about God and themselves:

God must be _____ with me.

The Lord doesn't hear my _____.

God must be sick and tired of seeing me _____ the same sins over and over.

Maybe if I get my _____ to pray for me, God will hear and do something for me.

But God isn't interested in any _____ relationships with His children.

Important Principles in People-Helping:

Aside from the power of the Holy Spirit in a believer's life, the greatest power he or she has is the power to _____.

God is not going to bypass the need for His children to assume their _____.

[God's role in the freedom appointment]:

God has given us His _____. (Hebrews 4:12; John 17:17; John 8:31,32)

God Himself is present and _____. (John 8:36; Psalm 127:1; Philippians 2:13)

A few more Scriptures pertinent to the **Inquirer's** responsibility...

2 Corinthians 6:16b-7:1

*"I will dwell in them and walk among them; and I will be their God and they shall be My people. Therefore, come out from their midst and be separate," says the Lord. 'And do not touch what is unclean; and I will welcome you. And I will be a father to you, and you shall be sons and daughters to Me,' says the Lord Almighty. **Therefore, having these promises, beloved, let us cleanse ourselves from all defilement of flesh and spirit, perfecting holiness in the fear of God.**"*

2 Timothy 2:20-21

*"Now in a large house there are not only gold and silver vessels, but also vessels of wood and of earthenware, and some to honor and some to dishonor. **Therefore, if anyone cleanses himself from these things, he will be a vessel for honor, sanctified, useful to the Master, prepared for every good work.**"*

Hebrews 12:1,2a

"Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith..."

Video Testimony

The Steps to Freedom in Christ

1. The "Steps" start out with a clear presentation of the _____. There is then a brief introduction to what the "Steps" are.
2. Then there is an opening prayer and _____.
3. Step One:

4. Step Two:
5. Step Three:
6. Step Four:
7. Step Five:
8. Step Six:
9. Step Seven:
10. *The Steps to Freedom in Christ* concludes with some very helpful information on how to _____ one's freedom.

Video Testimony

Growing *Fruitful* Disciples

Session #3 Establishing and Nurturing a Freedom Presence in Your Church through the Ministry of Freedom in Christ Ministries

Video Testimony

Introduction:

There is a missing ingredient, a _____ so to speak, between salvation and maturity that we have largely missed. And that bridge is _____.

Without freedom, God’s people are not able to become _____ fruitful disciples of Christ.

In this third and final session, we will address the question that we have been asked more than any other by pastors and ministry leaders: **How can we incorporate this powerful ministry of freedom in our church?** We will describe the Freedom in Christ approach to discipleship as it applies to establishing and nurturing a “freedom presence” in a church or ministry.

The BIG Picture

The **Mission of the Messiah, Jesus** – Isaiah 61:1-3a

“The Spirit of the Lord God is upon me, because the Lord has anointed me to bring good news to the afflicted; “He has sent me to bind up the brokenhearted, to proclaim liberty to captives and freedom to prisoners, to proclaim the favorable year of the Lord and the day of vengeance of our God; to comfort those who mourn, to grant those who mourn in Zion, giving them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a spirit of fainting.”

The Mission of FICM-USA

To equip and resource God's people to walk free in Christ and to empower them to spread that freedom to others

The Vision of the Messiah, Jesus – Isaiah 61:3b-4

“...So they will be called oaks of righteousness, the planting of the LORD that He may be glorified. Then they will rebuild the ancient ruins, they will raise up the former devastations, and they will repair the ruined cities, the desolations of many generations.”

The Vision of FICM-USA is:

To establish and nurture a growing network of Community Freedom Ministries all across the nation...and beyond

So...what is a Community Freedom Ministry?

A Community Freedom Ministry (CFM) is a teaching environment of _____ and _____ started by an individual, couple or group of individuals under _____ authority who are seeking to establish a “freedom presence” in a locale.

Video Testimony

This freedom presence will involve _____ the freedom message; **taking** people through *The Steps to Freedom in Christ*; and _____ encouragers to take others through the “Steps”

Could we see a nation changed...church by church, community by community?

A glimpse of the current progress and goals of Freedom in Christ Ministries across America...

How do we equip those desiring to start a Community Freedom Ministry?

Video Testimony

There are four components to our equipping package: _____.
teaching, training and _____.

Tools: Our core ministry resources

Teaching: CFM University (our online institute)

Training: Our intensive four-day Practicum

Touching: CFM NETWORK

Video Testimony

Conclusion: A Community Freedom Ministry (CFM) is an environment of grace and truth, started by an individual, couple or group of individuals, under church authority in which a “freedom presence” is established and nurtured in a local church or community. This freedom presence includes:

Teaching the message of freedom

Taking people through “The Steps to Freedom in Christ”

Training individuals to use the “Steps” in personal freedom appoint

Suggested Next Steps...

Still Checking Out FICM? *(That's totally okay!)*

1. Ask God what you and your church's connection with FICM should be.
2. Prayerfully read through the book *Restored* by Dr. Neil Anderson.
3. Contact your local FICM representative to talk further. We are happy to answer any questions you may have or give any additional direction you may need.

Interested in Introducing FICM Teaching to Your Church?

1. Prayerfully discuss your vision for FICM with your church leaders.
2. Start a class using an FICM DVD resource to teach freedom truths or teach it "live" and watch what God does in changing lives.
3. Contact your local FICM representative to talk further about how people in your church can be trained to help others find freedom.

Ready to Get an Official CFM Going?

1. Visit on website, ficm.org and go to our online store to choose and purchase your course(s).
2. Go to cfmuniversity.org and set up your online account (see left hand column of the cfmuniversity.org homepage); make sure to keep a record of your username and password.
3. You will receive an email confirmation of enrollment and course materials will arrive in the mail.

Additional Notes:

