RESOLVING HYPOCRISY

Check each way, either in the past or present, that you have pretended outwardly something that is not true inwardly.

TOWARD OTHERS

☐ Pretending to obey parents while being inwardly rebellious.
☐ Criticizing other’s failures when my spiritual problems are similar.
☐ Pretending to care for others while being bitter, resentful and angry.
☐ Saying one thing with my lips outwardly, but thinking differently in my heart.
☐ Saying I love someone when, in reality, I really hate them.
☐ Only telling the things about myself that I want others to know, instead of what is true.
☐ Being afraid of what others would think if they knew what I was like on the inside.
☐ Projecting myself as having it all together (no problems) out of fear of rejection from others.
☐ Dishonesty in sharing my weaknesses with others for fear of being rejected.
☐ Lying about things that happen, to cover up what I do.
☐ Lying to gain the acceptance of others.
☐ Identifying the problems that others have but not seeing my own. Matthew 7:5
☐ Asking others to do things I am unwilling to do (i.e. clean house, wash dishes, etc...).

TOWARD GOD

☐ Pretending to be close to God, when not desiring or enjoying a relationship with Him.
☐ Practicing religious activity to be seen and praised by men. Matthew 6:2,5,16
☐ Pretending to be excited about fellowship with other believers, when in reality only wanting to impress them with my spirituality.
☐ Giving money to gain the praise of men. Matthew 6:2
☐ Praying to impress others with my spirituality. Mathew 6:5
☐ Fasting to impress others with my spirituality. Matthew 6:16
☐ Pretending to be excited about service for the Lord, when merely doing it out of obligation.
☐ Pretending to live a holy life, but inwardly wishing I didn’t have to.
☐ Pretending to be a spiritual person when I’m really not.
☐ Saying I love God, but not obeying what He commands in His Word. Luke 6:46
☐ Saying I have an intimate relationship with God, but seldom seeking Him in prayer.
☐ Obeying God because of a fear of what others will think of me.
☐ Making spiritual decisions based on other’s expectations of me.

MORAL HYPOCRISY

☐ Pretending to have pure moral thoughts while yielding to lustful thoughts.
☐ Telling my spouse I am morally pure when being unfaithful in desires, thoughts or actions.

“Lord, I acknowledge and renounce my hypocrisy as evidenced through my (item checked above). I thank you for your forgiveness for my hypocrisy and choose to respond with openness, truthfulness and honesty from my heart.”