Special Renunciations For Sexual Abuse

Your child could have been sexually abused by a relative, neighbour, baby sitter, or any stranger. Your child could also have voluntarily acted out sexually with others. This must stop, such activities are a sinful entrapment. According to Romans 6:11-13 we must believe that we are alive in Christ and dead to sin, but then it goes on to say that we must not allow sin to reign in our mortal bodies. That will happen if we use our bodies as instruments of unrighteousness. To stay free we must commit ourselves to God and our bodies as instruments of righteousness.

We cannot commit a sexual sin without using our bodies as instruments of unrighteousness, which allows sin to reign in our mortal bodies. That is also true in the case of rape or incest. Somebody defiled the body of an innocent child, which of course is extremely unfair. We have no guarantees that we won’t be victimized in this fallen world. We do have the promises of God that we don’t have to remain a victim. We can renounce that use of our bodies, and present our bodies to God as instruments of righteousness. The Apostle Paul wrote: I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship” (Rom. 12:1). Then we can do the next verse that instructs us to renew our minds. In order to win the battle for our minds, we must first get rid of the sin that is reigning in our bodies.

The Apostle Paul also teaches that our bodies are temples of God and we should never join them sexually to another person outside of marriage, or we will become one body with that person. Immoral sexual unions create a bond between the two, and that must be broken. Sexual immorality is not only a sin against God, but also against our own bodies, which are a temple of God (see 1 Cor. 6:18,19). To help your child find freedom from sexual bondage, have them pray:

Lord Jesus, I have allowed sin to rule in my body. I ask you to bring to my mind every sexual use of my body that was wrong so that I can confess and renounce those sexual sins and break the bondage. In Jesus’ name I pray. Amen.

As the Lord brings those sexual experiences to their minds, whether it was done to them (incest, rape) or willingly by them (pornography, masturbation, oral sex, mutual sex), renounce every experience as follows:

Lord Jesus, I renounce [name the sexual experience] with [name]. I ask You to break that sinful bond with [name] spiritually, physically, and emotionally.

After the child has finished the above, have him or her pray:

Lord Jesus, I renounce all these uses of my body for sin, and I confess to you my part (if any). I give my body to You, and commit
myself to wait until marriage for any use of my body for sex. I choose to believe that my body is now clean, and that God has forgiven me. In Jesus’ name I pray. Amen.

Note: You can read the book ‘Winning the Battle Within’ (Harvest House) for more information concerning sexual abuse and addiction.