NEGATIVE FEELINGS
RENEW YOUR MIND WITH THE TRUTH

Abandoned – Hebrews 13:5; 1 Cor 6:17; Mat 1:23; Psalm 139:7; Acts 17:27-28
Accused – 1 John 2:1; Job 16:19; 23:11; Jer. 50:34
Agony – Psalm 55:22; 68:19; 1 Peter 5:7; 2 Cor 1:4-5; Psalm 23:4
Alienated – One with God - John 17:22-23; John 14:20; 1 Cor 12:27
Alone – Hebrews 13:5; Psalm 139:7-16; Duet 31:6; Zeph 3:17
Angry – Romans 5:1; Eph 2:14; 1 Cor 13:3-8; Eph 4:31-32; Col 3:12-14; Gal 5:22-23
Annoyed – 2 Tim 2:24; 2 Peter 3:9
Anxious – Phil 4:6-7; 1 Peter 5:7; Eph 2:14
Attacked – My shield and protector – Psalm 91:4; Prov 30:5; John 17:11
Battered – Isaiah 43:1-2; John 16:33; Psalm 18:1-3
Belittled – Valued – Mat 6:26; Mat 13:44-45
Bereaved – Romans 8:37-39; 1 Thes 4:6
Betrayed – Faithful, true and trustworthy – Rev 19:11; 2 Tim 2:13; 1 Thes 5:24
Bitter – Forgive me all my sins – Col 2:13; 2 Cor 2:14; Eph 1:7; Col 1:14; Isaiah 55:7; Mic 7:18
(in) Bondage – 2 Cor 3:17; Gal 5:1
Cheated– Meets all my needs – Phil 4:19
Condemned – Romans 8:1
Confused – Mind of Christ – 1 Cor 2:16; Psalm 37:23; 73:24; 48:14; John 14:6; 1 Cor 2:12; 14:33
Controlled – Gal 1:10; 1 John 4:4
Crazy – Mind of Christ – 1 Cor 2:16; 2 Tim 1:7 KJV
Criticized – Jude 24; James 1:5; Romans 8:1
Cursed – Gal 3:13-14
Damned – Romans 8:1; John 3:15; Romans 10:13
Deceived – John 1:14; 17; John 14:6
Defeated – 2 Cor 2:14
Degraded – Valued – Mat 6:26; Mat 13:44-45
Demeaned – Honored – Isaiah 43:4
Demoralized – Beloved child of God – 1 John 3:1-2; John 1:12
Depressed – Col 1:27; 1 Tim 1:1; Psalm 118:24
Deprived – Phil 4:19
Despair – Col 1:27
Different – Gen 1:26; Psalm 139:14; Eph 2:10
Dirty – Cleansed – 1 John 1:7,9; 1 Cor 6:11; 1 Cor 12:27, Hebrews 10:22
Disappointed – James 1:17; Romans 8:32; Luke 11:13
Disgraced – Honored – Isaiah 43:4
Disgusted – 2 Cor 2:14-15
Doubtful – Romans 12:3
Embarrassed – Roman 8:1
Empty – Col 2:9-10; Eph 5:18; John 17:13
Enraged – Col 3:12-14; Eph 4:31-32; Gal 5:22-23; 1 Cor 13:3-8
Failure – Phil 4:13; 2 Cor 2:14; 1 Cor 1:30; Gal 3:13-14; Romans 8:37
Foolish – 1 Cor 1:30
Frightened/Fearful – Isaiah 41:10; 1 John 5:18; Psalm 91:4-6; Hebrews 13:6; Prov 3:25;
Gay – Gen 1:27
Helpless – Psalm 54:4; Romans 8:31; Heb 13:6; Psalm 46:1
Hopeless – Col 1:27; 1 Tim 1:1; Romans 5:3-5; Lam 3:24
Humiliated – Romans 8:1
Hurt – 1 Peter 2:24; Isaiah 53:4-5
Ignorant – 1 Cor 1:30
Inadequate – 2 Cor 5:17-21; John 15:16; Eph 2:5-6
Incompetent – Mind of Christ – 1 Cor 2:16
Insecure – Established, anointed, sealed by God 2 Cor 1:21-22; Romans 8:35-39; Romans 8:1-2
Insignificant – significant – Mat 5:13-14; John 15:1, 5; John 15:16; 1 Cor 3:16; Eph 2:6; Eph 2:10
Insulted – Accepted – Luke 6:22-23; 1 Cor 13:5; Eph 4:32; Eph 1:4
Irresponsible – Phil 4:13; 1 Thess 4:11-12
Jealous – One in Christ – John 17:21
Left out – Bold access – Eph 2:18; 3:12; Citizen of heaven Phil 3:20
Lonely – Psa 63:1; Heb 13:5; Eze 34:11-15
Lost – Romans 10:13; Psalm 139:2-12
Lustful – Psalm 17:15; Romans 8:9; Psalm 36:8;
Misunderstood – Psalm 139:1-4
Nasty – 1 John 1:7; 9; 1 Cor 6:11; Heb 10:10
Not approved – 1 John 3:1; Psalm 5:12
Not cared for – 1 Peter 5:7
Not comforted – 2 Cor 1:4-5
Not nurtured – Phil 4:19; 84:11; Psa 91:4; Prov 30:5
Not loved – John 3:16; Isaiah 43:4; Gal 2:20b
Not protected – Col 3:3; Psa 91:4; Prov 30:5
Not safe – Psa 4:8; Psa 61:3; Prov 18:10
Offended – Eph 4:31-32
Out of control – 2 Tim 1:7; Isaiah 33:6; yielded to God – Rom 6:13-14
Overwhelmed – My all-able, almighty God – 2 Cor 9:8; Eph 3:20; Rev 4:8, 19:6; Isaiah 9:6; John 16:33
Panicky – 2 Tim 1:7; Prov 3:25; Isaiah 41:10
Powerless – Dan 11:32; Psa 18:1; 59:9-10a; 59:17; Isa 12:2; Eph 1:19; Phil 4:13
Pressured – Gal 1:10; Gal 5:1; John 8:36; John 16:33
Put-down – Eph 2:6; Eph 2:10
Raped – Col 1:17; Rom 11:36; body washed with pure water - Heb 10:22b; Romans 8:37
Rejected – Romans 15:7; Eph 1:6
Repulsed – Hebrews 9:22
Resentful – Eph 4:31-32; Eph 1:7; Col 1:13-14; Mic 7:18
Ruined – Renewed – 2 Cor 4:16; Psa 23:3
Scorned – I am the apple of His eye – Deut 32:9-10; Psalm 31:16
Seduced – 1 Cor 6:19-20; Psalm 23:1-3
Selfish – Phil 2:3; Gal 2:20
Shattered – Complete in Christ – Col 2:10; Romans 8:37
Sickened – Hebrews 9:22
Smothered – Rom 8:11; Isa 12:3; Gen 2:7
Stupid – 1 Cor 2:16; 1 Cor 1:30; James 1:5
Suffocated – Rom 8:11; Isa 12:3; Gen 2:7
Tainted – Heb 10:22
Terrified – Heb 13:6; Psa 46:1; Psa 32:7; 1 John 4:18-19; Prov 3:25-26
Timid – 2 Tim 1:7; Isaiah 41:10; Hebrews 13:6; Prov 3:25-26
Tormented – Rom 5:1; Matt 18:35
Unaccepted – KJV Eph 1:6; Rom 15:7
Unhappy – Phil 4:11
Unloved – 1 John 3:1; Isaiah 43:1-4; Gal 2:20b
Unsafe – I am a child of God and the evil one can not touch me – 1 John 3:1; 1 John 5:18; Psalm 4:8
Unprotected – 1 John 3:1; 1 John 5:18; Psa 91:4; Prov 30:5
Victimized – Gal 3:13-14
Violated – Romans 8:37
Weak – Psalm 27:1; Daniel 11:32
Whore – Col 3:12; Roman 1:7; 1 Cor 6:11
Worthless – 2 Cor 5:21